



Lifeguard Certification Schedule

2016-2017 Season



austintexas.gov/departments/pools-and-swimming

Please note that the first day of every class will meet at the designated swimming pool. Students will be required to pass the prerequisite skills tests (listed below) upon arriving for the first day of class. Students are also required to attend all listed class dates for successful course completion. Students must print out and bring the Lifeguard manual to class.

There is a \$5.00 transfer fee and \$10.00 cancellation fee for all classes. If you have any additional questions regarding the lifeguard training course, please contact the Aquatic Office at 512-974-9330.

Course Prerequisites require the successful completion of the following skills before being allowed to participate in this training:

- ♦ Swim 300 yards continuously, using these strokes in the following order:
 1. 100 yards front crawl with rhythmic breathing and a stabilizing, propellant kick
 2. 100 yards breaststroke using a pull, breath, kick, glide sequence
 3. 100 yards of either front crawl or breaststroke
- ♦ Starting in the water, swim 20 yards using front crawl or breaststroke, perform a surface dive of 7 – 10 feet, retrieve a 10-pound object, return to the surface, swim 20 yards on your back to return the starting point with the object and exit the water without using a ladder or steps, within 1 minute and 40 seconds.

Code	Class Dates	Times	Location	Fees
F12	May 5th—7th & May 12th—14th	Fridays 6 pm—10 pm, Saturdays & Sundays 8 am – 6 pm	Walnut Pool & Aquatic Office	\$40
F13	May 5th—7th & May 12th—14th	Fridays 6 pm—10 pm, Saturdays & Sundays 8 am – 6 pm	Garrison Pool & Aquatic Office	\$40
F14	May 19th—21st & May 26th—28th	Fridays 6 pm—10 pm, Saturdays & Sundays 8 am – 6 pm	Walnut Pool & Aquatic Office	\$40
F15	May 19th—21st & May 26th—28th	Fridays 6 pm—10 pm, Saturdays & Sundays 8 am – 6 pm	Garrison Pool & Aquatic Office	\$40
F16	May 29th—June 5th	Saturday & Sundays 8 am – 6 pm, Monday—Friday 6 pm—10 pm	Walnut Pool & Aquatic Office	\$40
F17	May 29th—June 5th	Saturday & Sundays 8 am – 6 pm, Monday—Friday 6 pm—10 pm	Garrison Pool & Aquatic Office	\$40
F18	June 5th– June 9th	Monday—Friday 8am-6pm	Garrison Pool & Aquatic Office	\$40
F19	June 5th– June 9th	Monday—Friday 8am-6pm	Northwest & Aquatic Office	\$40
F20	June 10th– June 14th	Saturday– Wednesday 8am-6pm	Northwest & Aquatic Office	\$40
F21	June 17th– June 21st	Saturday– Wednesday 8am-6pm	Northwest & Aquatic Office	\$40
F22	June 22nd– June 28th	Saturday– Wednesday 8am-6pm	Northwest & Aquatic Office	\$40
F23	July 1st– July 6th	Saturday–Monday 8am-6pm Tuesday– Thursday 8am-6pm	Northwest & Aquatic Office	\$40
F24	July 15th– July 19th	Saturday– Wednesday 8am-6pm	Northwest & Aquatic Office	\$40
F25	August 5th– August 9th	Saturday– Wednesday 8am-6pm	Northwest & Aquatic Office	\$40
F26	September 8th– 10th September 15th-17th	Fridays 6 pm—10 pm, Saturdays & Sundays 8 am – 6 pm	Stacy Pool & Aquatic Office	\$40



Persons with Disabilities: The City of Austin is proud to comply with the Americans with Disability Act. If you require assistance for participation in our programs or use of our facilities, please call 512-974-9330.